



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Inspiring The Future Generation

INSPIRE Student Internships

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Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives



www.uwtsd.ac.uk

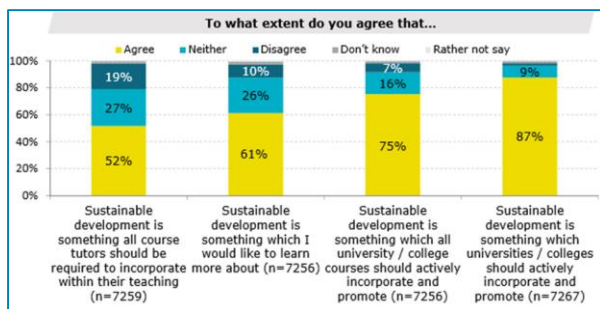
INSPIRE Internships

- INSPIRE offered it's first internship programme in 2013.
- Originally run as a reward scheme with Trinity Saint David Students' Union (TSDSU) to engage students in the sustainability agenda.



Sefydliad Arfer Cynaliadwy, Arloesi ac Effeithlonrwydd Adnoddau
The Institute for Sustainable Practice, Innovation and Resource Effectiveness

Why?



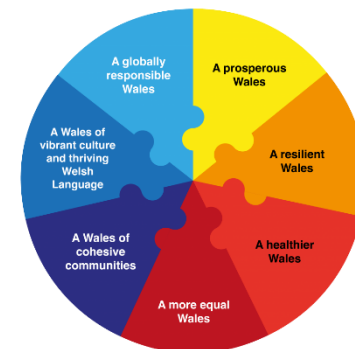
ESD

NUS research consistently finds that more than 80% of students believe that sustainable development that universities should incorporate and promote.



Graduate Attributes

- Employability
- Enterprise
- Sustainable Education
- Global Citizenship



Well-being of Future Generations Act 2015

More than 20% of all employees in Wales work within the public sector.

Since 2013...

48 students have completed INSPIRE Sustainability Internships.

The internships have been expanded to offer **10** positions a year.

The internships have been developed to focus on **4** themes;

- Energy & Waste
- Fairtrade & Sustainable Food
- Events & Campaigning
- Design & Blogging



The Projects

Previous projects carried out by the interns have included;

- Waste audits in halls of residence.
- Ethical banking workshops.
- Upcycling workshops.
- Fairtrade debate with a Fairtrade producer.
- Animating the WFGA 2015.
- NUS Blackouts.



Benefits to Students

- Valuable work experience in the field of sustainability.
- A stipend of £100 per month to support them in their studies and internship.
- Increased awareness of sustainability issues such as waste management, fair trade, carbon reduction and communications.
- Transferrable skills in project management, behaviour change, communications, time management and leadership.
- Mentoring from a sustainability professional.
- Increased employability.
- Confidence to follow their career aspirations.
- Opportunities to work with external organisations such as Fairtrade Wales and the NUS on projects.

How Is It run?

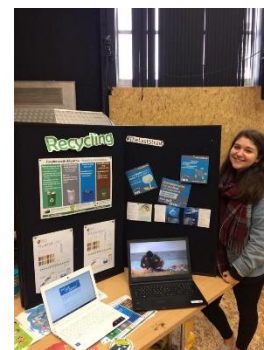
- Each intern has monthly meetings with a mentor from the Sustainability Delivery Team.
- The Interns submit monthly reports and case studies on their work. These case studies are then shared on the INSPIRE student blog.
- Interns work 10-15 hours a month.
- Interns are funded through a student bursary scheme of up to £1000 a year.

Learnings

- Recruit on personality and passion.
- Be open to students' ideas, they are innovative problem solvers.
- Teach time management and project management early on the internship.

This Year...

- 10 student interns;
 - We have also extended our internship programme to offer shorter 2 month internships to international students.
- Formal research in to the impact of sustainability internships on the employability of recent graduates.



Research

- We're using Internship End of Year reports from previous Interns.
 - We are currently surveying previous Interns on their experience as an Intern, their feedback on the internship programme and their current employment.
 - The current Interns completed a questionnaire at the beginning of the year on their attitudes towards sustainability and will complete the same questionnaire at the end of the year to see if their attitudes/awareness of sustainability issues has changed.
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- The current Interns complete a Monthly Transferrable Skills Tracker that asks them to rate how they felt they performed in certain transferrable skills.

Monthly Transferrable Skills Tracker

Key Employability Skills

Please rate your employability skills on a scale of 1 to 10 where 1 is 'Very Little Understanding' and 10 is 'High Level of Understanding'

	1	2	3	4	5	6	7	8	9	10
Communication										
Problem Solving										
Time Management										
Project Management										
Organised										
Teamwork										
Computer / IT Skills										
Leadership										

Success Stories!

- Brad, our INSPIRE Blog & Design Intern from 2015 – 2017 was offered a job as a Graphic Designer soon after graduating and said, “The details of what I did for this internship has already helped in the recent interview as the company was conscious of sustainability and had a preference of designing for charities and non-profits.”
- Ben, Sustainable Food & Fairtrade Intern, has recently started a role with Fairtrade Wales and said, “It’s more than an internship, it’s a gateway to a sustainable way of life.”
- Laura Y, Waste & Energy Intern, was successful in getting a role at an eco campsite/retreat over the summer and is campaigning to get her town, Newcastle Emlyn, go to plastic free.
- Laura J was inspired by her internship and is now doing her training to teach Sustainable Business at our Carmarthen Sustainable Business School.

Follow us and our interns' activities at;

E-bost / Email: livegreener@uwtsd.ac.uk

Twitter: @UWTSDGoGreen

Facebook: uwtsdgogreen

We / Web: www.uwtsd.ac.uk/sustainability