

Date: 8th June 2023
Time: 2 – 4pm
Venue: Online via Zoom
[Website for Bookings](#)



AGENDA:

Health and Wellbeing TSN Meeting 'Money Matters'

- 2.00** **Welcome and introductions**
*Beth Brownlee, Head of Quality, Student Support & Learning Resources,
West Lothian College*
- 2.10** **Presentation 1: Improving University Mental Health: An overview
of the current cultural implications of finance in Higher
Education, and its effects on the wellbeing and mental health
struggles of university staff and students.**
*Dr Jane Morris FRCPsych, Vice Chair Royal College of Psychiatrists in
Scotland; Hon Senior Lecturer University of Aberdeen; Hon Associate
Newnham College, Cambridge.*
- 2.30** **Presentation 2: Financial wellbeing in the workplace: Advice and
support for managers, educators, staff and students to take care
of their financial wellbeing.**
*Emma Mamo, Assistant Director of Workplace and Business Development
at SAMH, the Scottish Association for Mental Health.*
- 2.50** **Comfort break**
- 3.00** **Panel discussion and Q+A**
All speakers and co-conveners
- 3.25** **Breakout session**
Facilitated by co-conveners
Jamboard link:
https://jamboard.google.com/d/1A26UDW6iiKLITOhSXqgG6ytD9D6Tfm0b_bkKyS6YbgtA/edit?usp=sharing
- 3.45** **Summary and future meeting planning**
*Lizzie Reather, Organisation Development specialist, Glasgow Caledonian
University*
- 3.55** **Thanks and Close**