

Date: Thursday 8th September 2022
Time: 10am-12pm
Venue: Online via Zoom
[Website for Bookings](#)



AGENDA:

EAUC-Scotland Health and Wellbeing- Building Student Resilience, Emerging stories

- 10.00** **Welcome and introductions**
Lizzie Reather, Organisation Development specialist, Glasgow Caledonian University
- 10.15** **Evaluation and data gathering and Q&A**
Chris Maguire, Senior Research Officer, Thriving Learners
- 10.40** **Supporting student wellbeing in the curriculum and Q&A**
Rebecca Upsher, Teaching Fellow, Kings College London
- 11.00** **Comfort break**
- 11.10** **Tools to build student resilience discussion**
- 11.30** **Flourishing, not just surviving and Q&A**
Pamela Candea, Managing Director, The Surefoot Effect
- 11.45** **Summary**
Beth Brownlee, Head of Quality, Student Support & Learning Resources, West Lothian College
- 11.50** **Future meeting planning**
Lizzie Reather, Organisation Development specialist, Glasgow Caledonian University
- 11.55** **Thanks and Close**