

## ResponseAbility – Positive Change - Identity

# Call for Participants

Training course For Key Action 1 – Learning Mobility of Individuals:  
by all partner organisations for mobility actions in the youth field

### ***Be a change maker: developing responseAbility for positive change***

#### **A training course for youth workers about finding a response to the global challenges of the 21st century**

Haus Venusberg, Bonn, Germany, 22-28 May 2016

Hello everybody,

We are happy to issue the call for participants for *“Be a change maker: developing responseAbility for positive change – A training course for youth workers about finding a response to the global challenges of the 21st century”*.

The trainers will be Lukas Figge from rootAbility (Germany) and Dominique Verschuren from Connected Elephant (Belgium). The training course will take place in Bonn, Germany, between 22 and 28 of May 2016 and will involve 2-3 participants from 9 different European Union member and partner countries (totally max. 24 participants).

#### **Background and theme of the project**

The post-modern world offers all kinds of opportunities but at the same time humanity is facing unprecedented trans-dimensional sustainability challenges. Accelerating and interconnected global changes in the environment, technology, demography and economy threaten our very way of life: Rising sea levels, refugee crises, unstable economies, failed states, biodiversity loss, increasing income inequality. Solutions cannot be solved by the mindsets and skills that created them in the first place. They demand a new set of skills and competencies that are necessary to respond and create transformative change processes.

Many (young) people are disillusioned about the possibility to create meaningful and purposeful responses to all these challenges. They are disconnected and/or marginalized from nature, society, politics and economics. At the same time, it is the young generation who will have to address and adapt to the unfolding consequences in the future. What they need is empowerment and inspiration to craft meaningful responses. A better vision on our own personal and professional journey – where we are coming from and where we are headed, as well as accepting and claiming responseAbility for our own and societal development is called for.

#### **What is the need?**

More than ever before it's necessary that the current generation of young people is able to improve the society of tomorrow. The greatest contribution they can make is to find and develop their own individual response based on their passions, talents and potential. A pre-

condition for this is to re-connect to our concerns about the world, and the emotions and feelings that arise when we do so. Change makers need to ground their actions in acceptance, gratitude, hope and compassion in order to develop responses that are powerful, appropriate and resourceful.

Working at issues and problems that you are most concerned and passionate about is a core of intrinsic motivation that is necessary to work hard without losing enthusiasm. It nurtures creativity, innovation and well-being that is necessary to create a better society and contribute towards the European idea and related projects. In order to really use our potential and talents we need to feel confident about them.

### **Overall aim**

With this training course we create a space for building that responsibility through reflection on our concerns and passions as well as becoming more conscious of our personal learning process. We believe that gaining a deeper understanding of who we are and what we can do for others is an empowering process which can lead to positive changes for the future of society.

Moreover it is necessary that youth workers know how they can support young people in facing their own challenges and thereby continue to grow as a person. After the training, participants will be able to lead young people in their organisations and communities through a personal learning journey to craft and find powerful and meaningful responses to the sustainability challenges of the 21st century.

### **Objectives**

- to explore the concepts of responsibility, positive change and active hope
- to explore acceptance, gratitude, hope and compassion in order to improve our abilities to develop our responses
- to raise awareness of our identity through reflecting on our challenges, concerns, talents and passions
- to encourage a learning mindset which realizes that everything is possible
- to stimulate the creativity, vulnerability, confidence and resilience of the participants
- to encourage and serve the participants in planning their learning process also after the training course and also implement with their target groups
- to learn more about the Erasmus+ program and its actions, and Youth Pass as a tool of recognition of the key competences

## **The approach and methodology**

This training course will be based on non-formal and informal education with a self-directed learning approach. That means that the participants are responsible for their own learning and the facilitators provide activities and guide the participants through their own learning process. The training course will be characterised by highly participatory, interactive and experiential methods. The working methods will include case studies, working in pairs and small groups, meditations, contemplations, team building activities, role plays, discussions, and self-assessment. Some sessions will be completed by theoretical inputs and all of them will be followed by group reflection or self-reflection.

## **Target group**

Youth workers, project leaders and educators involved in youth work. We are looking for participants who are willing to go on an intensive journey into their identity in the context of positive change for sustainability.

The participants will also have a multiplier role, in other words: they will adapt what they learn in this training course to the context of working with young people. The participants' learning needs and contributions will play an important role. We are looking for participants who are interested in and working around sustainability challenges and want to engage with it in a more holistic manner.

Because of the sensitive topic and the importance of the flow the trainers would like to ask **your attention** for this: *Be A Change Maker* is a serious TC for motivated participants who are willing to look into themselves and reflect on their professional and private life during an intensive and unforgettable journey. We want to emphasize that we are **looking for serious participants** who are eager to learn, who are coming to the venue *only* for the training course and who are ready to reflect, share, experience and participate in all activities. The group experience is essential. This project can only be successful if every participant and the trainers accept and live up to the responsibility of doing it all together and with full attention and motivation during the whole training. We recommend you to send participants from the **minimum age of 23** years old. From experience we are convinced that this TC will reach a deeper impact on participants with more life experience. There's no limit of maximum age. Thanks for taking your demands into consideration.

## **Dissemination**

The participants will have a multiplier role, in other words: they will adapt what they learn in this training course to the context of working with young people. In their future projects and daily work they can incorporate tools, methods and theory which they have learned during this TC. As well as their personal learning and development they can use in their daily work with their own target groups.

## **TC Language**

English

## **Organizer**

rootAbility from Berlin, Germany

### Financial conditions

The (vegetarian) food and accommodation will be provided and paid for by the organizers. Participation fee is 70 euros

### Number of Participants & reimbursement

The partner organizations have been allocated the following number of participants (see under '#' in table below). Travels costs will be reimbursed based on the distance calculator provided by European Commission. The participation fee will be subtracted from the reimbursement. That means that the participants will receive the following maximum travel reimbursements.

#	Country	Organization	Reimbursement
3	Belgium	Joetz	180 – 70 = 110 Euro
3	Netherlands	Green Office VU	180 – 70 = 110 Euro
2	Portugal	Autonomia e Descoberta	275 – 70 = 205 Euro
3	Spain	Nexes	275 – 70 = 205 Euro
2	Czech Republic	European Youth Centre Bresclav	275 – 70 = 205 Euro
3	Italy	Comitato d'Intesa	275 – 70 = 205 Euro
3	UK	Environmental Association for Universities	275 – 70 = 205 Euro
3	Romania	Directia Judeteana	275 – 70 = 205 Euro
3	Germany	RootAbility	180 – 70 = 110 Euro

The participants have to show the receipts for the travel costs to the organizers. The maximum amount of reimbursement they can get is 100% from the accepted travel costs according to the sums written above. For example: for the Italian organization the sum for travel costs per person is 205 Euro. If the participants have a total travelcost of 300 Euro per person, the participants will be reimbursed with 205 Euro. If the participants have travel cost of 150 Euro, the participants will be reimbursed 150 Euro.

To ease the process, please send the tickets and invoice as soon as you booked the travel (so before the TC). That saves everyone time and you don't have to bring the invoice to the venue. The reimbursement will be made via bank transfer after the training course and only when rootAbility has received all the travel tickets and bills.

Please consider the environmental impact of your travel mode. If you fly, we kindly ask you to offset related CO2 emissions (your own contribution). We recommend using <https://www.atmosfair.de/en/home>

After we have received the registration forms, we will send a more detailed info-pack to the participants. Please make sure we have the **registration forms before the 25th of March**. If we have not received them by then, will we re-allocate the spots to those partner organizations who have the highest demand.

We are looking forward to meet you on our amazing learning journey!  
If you have any questions don't hesitate to contact us!

### Lukas and Dominique

Contact Lukas : [lukas.figge@rootability.com](mailto:lukas.figge@rootability.com) or +31681181225 for urgent questions