



Minutes of Meeting
Friday 12th December 2014
Dundee University, Dalhousie Building

Present:

Clive	Brown	CB	City of Edinburgh Council	Vice-Chair
Trudy	Cunningham	TC	University of Dundee	EAUC Convenor
Rebecca	Petford	RP	EAUC	EAUC Coordinator
Jackie	Beresford	JB	Dundee and Angus College	
Abi	Betney	AB	Energy Saving Trust	
Paulo	Cruz	PC	Glasgow Caledonian University	
William	Dove	WD	NHS Fife	
Matt	Eastwood	ME	Car Plus	
Kasia	Janik	KJ	Edinburgh Napier University	
Donald	Kent	DK1	Nestrans / ACT Travelwise	
Dave	Kinnaird	DK2	LiftShare	
Iain	Leith	IL	Dundee City Council	
Linda	McCabe	LM	Dundee City Council	
Alex	Melicher	AM	Grease Monkey Cycles	
Jenny	Muir	JM	Sustrans	
Viola	Retzlaff	VR	University of Glasgow	
Martin	Webb	MW	Edinburgh College	
Gordon	Whittaker	GW	University of Edinburgh	

Apologies:

Merry	Scott	ACT Travelwise	EAUC Convenor
Emma	Crowther	University of Edinburgh	
Judith	Gordon	Robert Gordon University	
Barry	Kerr	Dundee City Council	
Chris	Osbeck	Abertay University	
Claire	Strain	SPT	
Kate	Thornback	SRUC	

1. Welcome

Clive Brown welcomed everyone to the meeting. A volunteer Secretary for the meeting was appointed to take minutes (Rebecca Petford)

Thanks to Trudy Cunningham and University of Dundee for hosting and to Trudy and Don Kent for the travel goodie bags.

Everyone introduced themselves to the room.

2. Matters Arising

No actions are arising from previous minutes (available [here](#)) from the meeting on 2nd May 2014.

A few updates:

- 'Admium' who presented at the previous meeting are now a formal company, and you can apply to be a free trial partner. <http://www.admium.co.uk/>
- The University of Dundee were unsuccessful in securing Commonwealth bike Stands but NHS Fife received three

The minutes of the previous meeting were approved.

3. Separate Group Meetings

The members separated in to the following groups:

- NHS and Local Authorities
- Private and Third Sector
- EAUC (HE & FE institutions)

4. Feedback from Groups

NHS and Local Authorities Update

- Stagecoach service X7 from Aberdeen to Perth via Dundee now carries bikes, and has free WiFi, without a need to book a bike space in advance
- NHS Fife's Cycle to Work Scheme has sold 146 bikes and put up 3 bike shelters.
- There is a hydrogen fuel cell joint undertaking looking at commercialising them for public transport which Dundee has now signed up to. Aberdeen buses are already using the technology.
- Edinburgh has implemented 20mph speed limits on around 50% of its residential streets, mainly for road safety reasons. However lower speeds can also enhance the attractiveness of active travel modes. During autumn 2014 Edinburgh carried out a public consultation on proposals to extend the number of roads with a 20mph speed limit. The results are being assessed.

Private and Third Sector Update

- [Sustrans](#) can provide project support for workplaces
- There will be a [Car Plus Shared Transport Conference](#) on the 25th February 2015 – sign up soon to avoid disappointment!
- [Grease Monkey Cycles](#) have created bike repair stands which may be of interest to many here, and will be talked about later

- LiftShare are about to launch new developments such as a phone app to encourage use of the service. More will be announced soon!

EAUC Update

- 5 Colleges and Universities are participating in the Cycle Friendly Campus Pilot Project with Cycling Scotland (Dundee, Edinburgh, Caledonian and Heriot-Watt Universities and Fife College), and are doing funded projects then will share their experiences to help in the development of the Cycle Friendly Campus Award. The partners are keen to link up to discuss progress. For information please see [here](#).
- LiftShare is keen to develop a Higher and Further Education in Scotland Umbrella group that will allow members of LiftShare groups in different FE and HE institutions to share their journeys with each other, as many institutions have campuses close to others. If you wish to discuss this please contact [Dave Kinnaird](#).
- With LiftShare the option to also advertise for cycle and walking buddies is a paid addition that can be added to private groups. If you wish to discuss this please contact [Dave Kinnaird](#).
- Energy Savings Trust is offering fuel efficient driving training, which can now also be on electric vehicles (which are automatic)
<http://www.energysavingtrust.org.uk/scotland/businesses/transport/fuelgood-driver-training>
- University of Dundee are getting a Nissan electric van with a 100 mile radius and rapid charge, which will be their fifth electric vehicle

5. Presentations from the ACT TravelWise Conference

Don Kent shared a number of the PechaKucha style presentations made at the recent Conference. All slides can be found [here](#).

Road Transport and Air Pollution – Health Impacts and Costs

- There are many determinants of health and wellbeing in our neighbourhoods.
- Airborne particulates get into lungs, nose and throat and have many negative effects on health.
- Highly built-up areas are worst.
- There are many levels of policy and strategy designed to address air pollution.
- 3 million people die each year across the globe due to air pollution.
- The UK's healthcare bill due to air pollution will rise from £9bn to £19bn soon if we don't do something.
- The Scottish Government's way of addressing air pollution is primarily through using new technology, rather than reducing traffic.

Costing the Health Impacts of Air Pollution in Bristol

- There is a long history of urban air quality issues with 340,000 lost years of life due to it in 2008 – approximately 6 month of life per person.
- Communication on air pollution is difficult as it can't be seen, and needs improved.
- Air pollution is particularly damaging for children.
- Aim of study was to quantify the impacts of air pollution.
- Pattern of health issues shows hotspots in central area and on main roads leading out of the city.
- Air pollution is causing more than 188 deaths per year, with 24 of these attributable to

traffic emissions. Only 9 people die each year in road accidents, and the media does not reflect these numbers accurately.

- Costs are not calculated at local level generally.
- A conservative estimate of the costs of hospital admissions for deaths due to air pollution would be £82.6 million.
- Dundee has 4 areas of the city falling below EU air pollution levels.

Disruption Project

- This is a project being done in partnership between many research institutions.
- Researching the costs of disruption to the transport network due to weather etc, and the advantages of using more sustainable travel options (including remote working) in increasing resilience.
- Aim is to make travel habits more sustainable.
- There are huge costs associated with travel disruption.
- We need to plan for lower mobility for short periods with minimal effects on productivity.
- Examples: During floods cycling and walking can be very time effective. Gritting paths in winter makes them much more usable. Local shops are needed for bad weather periods. Working from home during adverse weather may be more efficient.
- Moving to sustainable travel is about increasing resilience.
- New term 'flexi-mobility' – making it more normal for more people to use low carbon mobility more of the time.

Does Transport Really Benefit the Economy?

- There are claims that travel boosts the economy.
- There is in reality a weak relationship between transport spending and GDP – changing infrastructure can move economic activity. The relationship is between congestion and GDP.
- More transport benefits the rich not the poor.
- The economy looks after itself.
- Sustainable transport should be promoted for health and environmental reasons, rather than monetised.

Shop Direct – JMP, a leading multi-brand digital retailer

- During relocation of the company they looked into their staff travel patterns and how to promote lower-carbon travel
- Staff travel to work was very high, with 40% travelling over 20 miles.
- Needed to develop parking system.
- Good public transport links.
- Carshare scheme existed, but was used very little.
- Staff survey revealed carsharing had the most potential, so systems for carsharing and parking were upgraded using both carrots and sticks, and use of carsharing and other sustainable travel options increased.
- There was a limit to who could apply for parking permits, with the system automatically linked to car sharing.
- Partnerships were essential to make things work.
- Next plan is to roll the learning out to their other sites, encourage use of electric vehicles, and establish more partnerships.

- The now 370 car sharers have seen large economic benefits, and the workplace has become much more accessible.

Gloucestershire: Access to Opportunity Project by Atkins – ‘Think-Travel’

- Staff led lots of events and provided mentoring and coaching.
- Induction information on travel was developed.
- Involved talking to unemployed people about how to get to workplaces for interviews and work by developing personal travel plans.
- A large personal travel plan assessment was undertaken, including local opportunities and issues.
- Developed a future scheme to continue the work.
- Money spent on the project stayed within and directly benefitted the local economy.

Smart Networks, Smarter Choices. Business Park Engagement Pilot

- Centro worked on engaging businesses and business parks under a LSTF programme to help support the local economy and environment – for the Department for Transport.
- Huge variation in sites with different issues.
- Project wasn’t working well so they had to change targets and approaches, but really struggled to engage businesses and business parks.
- Some sites were resistant and had different priorities.
- An area travel plan approach was seen to be best but was very hard to implement.

Comments / Questions

- TC: Do business parks not need a travel plan as a condition of their planning application?
DK: Yes, but this happens at the start and isn’t followed up on. It is part of the planning application but doesn’t result in any surveys. The public sector needs a travel plan before building, but we are often the only sector to create them.

6. Presentation from Grease Monkey Cycles

Alex Melicher from Grease Monkey Cycles outlined their services and developments.

- Grease Monkey provides bike servicing across the Central Belt, offering a pick-up and drop-off service in the evenings which is unusual.
- They have an efficient van, and have had fuel efficient driver training.
- Provide pop-up workshops at organisations / institutions over lunch for bike servicing.
- Developed the bike repair stations mentioned above, including a pump and stand, with QR codes linked to DIY videos online.
- Partnered with Manchester University earlier this year with 4 stands as a trial and all is going well. Stands will cost £850+VAT when buying 4 or more.
- Stations are structurally sound but tools not too expensive so they can be replaced.
- Working with three of the cycle friendly campuses, including the University of Dundee, to offer bike stations. Two already use Grease Monkey for workshops.
- Also offer vending machines for inner tubes made from ex-cigarette dispensers, which buyers can choose which six types of inner tubes to stock. These are expected to be very popular.

- University of Dundee chose to go with Grease Monkey because the stand, tools and pump came for a smaller fee than other companies, and transport costs were lower as they are based in Edinburgh. They are also getting inner tube vending machines.

Comments / Questions:

- TC: Is vandalism an issue for the vending machines?
AM: You will be the first!
- PC: Who will service and stock the vending machines?
TC: I will do the stocking and emptying of the machine
AM: They will be serviced annually.

7. Update on ACT TravelWise AGM from Don Kent

- ACT TravelWise have resolved their legal dispute with the former Chair.
- A bid has been sent to the Department for Transport for £20,000 for European Mobility Week, which has its conference in Utrecht.
- In 2016 we would like to try to hold the conference in Glasgow.
- As part of the Endurance Project, part of the EPOG and European SUMP Programme, we are going to get training for partners in Scotland next year.
- Website is nearly changed, with a members-only area.
- Conference is in Birmingham and is free for members.
- Membership has been dropping but is now up at 100 again.

8. AOCB

Office for Low Emission Vehicles 'Taxi Scheme'.

- CB: £20 million of funding is being made available to UK Local Authorities, including those in Scotland, to support them to introduce ultra low emission taxis. It will be allocated through a bidding process.
- TC: There is a taxi service in Dundee already using electric vehicles

Smarter Places, Smarter Choices Funding.

- CB: Should ACT TravelWise have been at their event? Much of the funding is going to local authorities, and particularly Paths for All, and awareness isn't wide. There is a meeting in Aberdeen to consider how we can work in partnership on Monday 15th December 2014.
- ME: Attendees at the event were primarily delivery agents.

Cycle Friendly Campus Scheme.

- PC: The 5 funded campuses should share progress and the EAUC could support them to do this

Car Club Development

- MA: Aim is to develop car clubs in all towns with over 25,000 residents by 2027, and Car Plus can fund the full cost of a feasibility study for local authorities. The focus is now on low carbon and electric vehicles.

ACT TravelWise Secretary

- CB: Following the departure of the last Secretary we need nominations for a replacement Secretary for the group, so please consider if you could do this. A decision will be made at the next meeting. Don Kent to email all members.

Next Meeting

- Spring 2015
- TC: We should invite the Abellio train firm along, and hear more from Cycling Scotland and about the Cycle Friendly Campus Scheme.

9. Thanks and Close

Thanks to Trudy and the University of Dundee again for hosting and providing refreshments, and thanks to all for coming.

Happy Christmas and a sustainable new year!

Minutes prepared by: Rebecca Petford
EAUC Scotland Programme Coordinator
December 2014